



PERSONAL PORTFOLIO

Shivani Garg Gujral
Career Guidance Psychologist
Founder-Director, Tera Parichay – A Career Finder



Profile

Shivani Garg Gujral is a seasoned Career Guidance Psychologist with over 20 years of experience in academic, socio-emotional, familial, and career counseling for high school students and college going students.

She is the Founder-Director of Tera Parichay, a platform dedicated to helping young individuals discover their true potential and make informed career choices. At its core, Tera Parichay aims to create happy, integrated, and productive adults by enabling young individuals to make effective life choices that are both settling and gratifying.



Vision

Through her work with students across India and abroad, Shivani specializes in identifying each student's unique strengths, interests, and personality traits. She offers comprehensive guidance on academic planning, stream and subject selection, and college admissions—helping students make confident, informed decisions about their future.

Tera Parichay has, so far, guided and counseled thousands of families in making life-changing decisions that have led to lifelong success, positivity, and fulfillment.

Work Experience

Before establishing Tera Parichay, Shivani was the founding Career Psychologist at Step By Step School, Noida, where she worked for nearly a decade. She has also consulted with Khaitan Public School, supporting students in navigating academic decisions and future pathways.

Shivani's career began as a lecturer at Bangalore University, where she also headed the student counseling cell—marking the start of her lifelong passion for guiding students. She later joined Career Forum, Pune, as the founding Career Guidance Psychologist, playing a pivotal role in mentoring students through critical academic transitions at both the undergraduate and postgraduate levels.





Education

Shivani holds dual Master's degrees in Education from University College London (UCL), an M.Phil. in Guidance and Counseling from Mother Teresa Women's University, a Master's in Applied Psychology from Delhi University, and a Bachelor's in Psychology, also from Delhi University.



Professional Certification

Shivani is an IC3 Certified Career Counselling professional. She successfully completed IC3's flagship program, EMPOWER, as part of its 9th cohort and graduated with a Certificate of Excellence.

Key programs and initiatives

Apart from founding the Career Counselling Department at Step by Step School, Noida, Shivani also pioneered the High School Mentoring Program at both Step by Step School and Khaitan Public School.

This program is designed to foster meaningful relationships of care, empathy, and trust between student mentees and teacher mentors. By building these connections, the program aims to positively influence students' social, emotional, and academic development during the often challenging high school years.



Workshops and Seminars

Shivani is a passionate educator and IC3 Certified Career Counselling professional who regularly conducts workshops and seminars aimed at empowering both teachers and students.





(A) Workshops for Educators

Shivani leads impactful professional development sessions for teachers, focusing on:

- Building Empathy in Educators – Fostering deeper connections with students through empathetic practices.
- Transforming Classrooms into Spaces of Joy, Comfort, and Exceptional Learning – Creating inclusive, engaging, and student-centered learning environments.
- Becoming a High School Mentor – Equipping educators with the tools to guide students through academic and personal development.

(B) Career Talks and Seminars for Students and Parents

She also delivers interactive and insightful career talks in the following key areas:

- Making Effective Academic Choices After Class VIII/X – Helping students align subject choices with future goals.
- Building an Effective Student Profile – Guiding students in showcasing their strengths through holistic profile development.
- Exploring the Choice of Math as an Academic Subject After Class X – Assisting students and parents in making informed decisions about continuing with mathematics.



Services at Tera Parichay

- **One on One Career Guidance Counseling**
- **Psychometric Assessments**
- **High School Students Mentoring and Career Coaching**
- **Guidance for College Applications and Admissions**
- **Class XI subject and stream selection (students of classes IX and X)**
- **Profile building for undergraduate applications (students of classes IX-XII)**
- **Undergraduate program admission assistance (class XII students)**
- **Application fill up for liberal arts and sciences universities (class XII students)**

**T3RA
PARICHAY**
A CAREER FINDER

20+

Years Experience

100+

Schools & Colleges
Partnered

10,000+

Students Counseled
Across India & Abroad

500+

Workshops Conducted

Empowering Young Minds to Make Informed Career Choices

Tera Parichay is a platform dedicated to helping young individuals discover their true potential and make informed career decisions.

Founded and led by Shivani Garg Gujral, a seasoned Career Guidance Psychologist, Tera Parichay brings together two decades of expertise in education, psychology, and counseling to help students make confident, meaningful, and fulfilling life choices.

Let's Connect



Call

+91 98730 95095



Instagram

@tera.parichay



Website

<https://www.teraparichay.com>



Address

WL-01, SECOND FLOOR, COMMUNITY
CENTER, DLF CAPITAL GREENS, MOTI NAGAR,
DELHI- 110015